

Report on project 'Providing health care to economically weak patients July 2025 to 2026'

Introduction:

The project was initiated to provide health care to the economically weak patients in the community with an annual income of less than Rs 150,000/-irrespective of their caste, religion and political affiliation. Government health facilities though existing are located far off and difficult to commute. Moreover, there are very few doctors catering to a large number of patients resulting in patients sitting at the OPD for long hours for their turn thereby they have to sacrifice their daily wage. The doctors hardly have time to provide necessary time for proper advice regarding diet and lifestyle modification.

Patient attendance:

Total patient attendance at the OPD was 491 patients. This comprised of children in the age group 0 to under 18 years 234 patients and adults 18 years and above 257.

Type of ailments:

Child ailments comprised mostly of ARI, worms, gastrointestinal problems, intestinal worms, asthma and under nutrition.

Adult health problems mostly included ARI, COPD, anaemia, arthritis, hypertension, type 2 Diabetes mellitus, skin problems, asthma and eye problems.

Activities:

Health care was provided through the OPD at the campus of Santi TB Control Society. The patients provided history of their ailments, family history of relevant ailments taken , physical examination done provisional diagnosis arrived at, medicines disbursed with advice regarding food, hygiene and lifestyle modification. They were also advised for a follow up visit on a particular date if necessary.

Investigations like blood glucose, X- rays and others were mostly done from Bharat Seva Sangha Hospital nearby.

We conduct Spirometry test for patient at Santi TB .

Rural Medical Practitioners' training was imparted for a day to 20 rural practitioners on hypertension, diabetes, asthma, COPD, cardio pulmonary resuscitation and identification of high risk cases and referral.

Awareness on TB was undertaken through miking at places of gathering, display of banner and distribution of pamphlets on TB by auto-rickshaw on 24th March 'World TB day'. Food packets were distributed to patients attending the clinic.

Table 1 Age and sex wise distribution of child and adult patients

Age group in yr	Male	Female	Total
0 - <18	123	111	234
18 - 30	26	32	58
31 - 50	37	30	67
51 & above	65	67	132
Total	251	230	491

Table 2 Disease wise distribution of patients

S. No	Disease	Child	Adult
1	ARI	41	3
2	Asthma	5	0
3	COPD	0	4
4	Malnutrition	6	0
5	Diabetes	0	46
6	Hypertension	0	52
7	Anaemia	0	5
8	Others	182	147
Total		234	257

Case studies

Case study 1

Sukanta Bar 67 year male patient had a bypass operation of the heart about seven years ago. He came with mild pain in his chest. His pulse beat and BP were normal. His ECG readings did not reveal any remarkable changes. He had his blood tested for lipid profile. His cholesterol level was found to be high. He was prescribed necessary medicines along with anti anginal anti platelet medicine. His bad cholesterol level has shown a decline and free from chest pain. He has been attending the clinic once a month.

Case study 2

Fateja Bibi age 40 years from Usthi area of South 24 Parganas district suffered from COPD diagnosed by a private pulmonologist she was prescribed a inhaler which she is not in a position to purchase. She was examined along and the investigation reports reviewed. She is attending the clinic regularly and receiving her medicines from the clinic.



Patient examination



Patient waiting at the OPD



Training of Rural Medical Practitioners



Patient undergoing Spirometry



Miking with autorikshaw on World TB Day